

ASTHMA QUESTIONNAIRE TO BE COMPLETED BY ATTENDING DOCTOR

Proposed life assured: _____ Proposal No: _____

NRIC No: _____ Age: _____ Sex: Male Female

We would appreciate if you could kindly complete this questionnaire

1. For how long has the above-named been under your care for asthma?

2. Please indicate the P.E.F. determination on his/her first consultation at your clinic

_____ L/Min

3. Does he/she use a peak flow meter at home? Yes No

4. How many times per year on an average does the above-named visit your clinic for the following

(a) Treatment of an attack of asthma?

(b) Consultation for renewal of prescription for asthma?

5. At what age did his/her asthma begin?

6. Does he/she suffer from concomitant C.O.A.D.? Yes No

7. Is his/her asthma related to any occupational exposure? Yes No

8. Does he/she smoke? Yes No

(a) No. of _____ smoked per day

9. Does he/she have any history of atopy? Yes No

10. When did he/she have an acute attack?

11. What were his/her pre and post attack P.E.F. values ?

Pre attack: _____ L/Min Post attack: _____ L/Min

12. How many acute attacks has he/she had in the last 24 months?

13. How many of these attacks required:

(a) attendance by a doctor?

(c) use of oral steroids?

(b) admission to a hospital?

(d) absence from work?

14. His/her asthma is treated by:

(a) use of bronchodilators continuously

(d) use of oral steroids continuously

(b) use of bronchodilators intermittently

(e) use of oral steroids intermittently

(c) use of inhaled steroids

(f) the use of inhalers as and when required only

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15. Please indicate the preparation and dosage of oral steroids that he/she requires on a continuous basis for his/her treatment

16. Please indicate the name of the preparation and dosage of the following if they are used in his/her treatment

TYPE OF MEDICATION	NAME OF PREPARATION	DOSAGE
(a) Oral bronchodilators		
(b) Bronchodilators by inhalation		
(c) Bronchodilators by suppository		
(d) Corticosteroids by inhalation		
(e) Sodium cromoglycate - Intal etc.		
(f) Other medication		

17. Is the above-named compliant with his/her treatment and medication? Yes No

18. Were any of the following done in the last 2 years?

TEST	YES	NO	DATE	RESULTS
(a) Chest X-ray				
(b) Pulmonary function test				
(c) Allergy				
(d) Others (Please Specify)				

19. Please note the last 3 P.E.F. determinations from your records

i) _____ L/Min ii) _____ L/Min iii) _____ L/Min

20. How would you best consider the control of his/her asthma?

(a) Very well controlled (b) Moderate control (c) Poor control

This report has been prepared by:

Signature of Doctor

Clinic Rubber Stamp

Name : _____

Telephone No. : _____

Dated : _____

Kindly return this Questionnaire in a sealed envelope to the underwriter of our Company so as to maintain confidentiality of the information provided.

(We thank you for completing this questionnaire)

Name of Underwriter: _____

Date: _____